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# Devotions

TO THE

SACRED HEART OF JESUS.

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# Devotions TO THE SACRED HEART OF JESUS.

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## THE FESTIVAL OF THE SACRED HEART.

The most loving Heart of Jesus has always been an object of special devotion to the greatest saints; but at the present time it is adored by all the faithful, since our Divine Lord himself chose the blessed Margaret Mary Alacoque of the Monastery of Paray-le-Monial, in the Diocese of Autun, in Burgundy, to publish it, to establish and to propagate it throughout the Church, as is declared in the process of her Beatification. This devotion has received the approbation of the Supreme Pontiff, and is now extended throughout the Christian world, and celebrated by the observance of a festival on the Friday after the Octave of Corpus Christi, in favor

of which His Holiness Pius VII granted a Plenary Indulgence (applicable to the souls in purgatory), which may be gained by any of the faithful who shall confess and communicate, *and visit any Church or Oratory where the above-named festival is observed*, praying for the intention of the Pope. A faculty was further granted, permitting the *transference of the said festival to any other day* licensed by the Ordinary, with permission to say, on such day, the Mass proper to the festival.

### VISITS TO REPRESENTATIONS OF THE SACRED HEART.

In order the more to confirm and extend the devotion to the Sacred Heart, Pius VI granted to all the Faithful of the Catholic world an Indulgence of seven years and seven quarantains (applicable also to the souls in purgatory), every time that, with a contrite heart, they visit an image of the Sacred Heart, *in any Church, Oratory, or Altar, where it is exposed for public veneration*, praying for a short time for the intention of His Holiness.

FOR  
 RECITING THE PATER, AVE AND CREDO,  
 AND THE EJACULATION,  
 "O MOST SWEET HEART," &c.

Pius VII further granted a Plenary Indulgence on the first Friday or first Sunday in every month, and also on any one day at choice in each month, to all the Faithful who shall every day say devoutly the *Pater*, *Ave*, and *Credo*, in honor of the Sacred Heart, and the ejaculation, "*Sweet Heart of my Jesus, make me to love Thee ever more and more*" (in any language), and who, having confessed and communicated on those days, shall pray for the intention of His Holiness.

The same may be gained, upon the same conditions, on the feast of the Sacred Heart (*i. e.* the Friday after the Octave of Corpus Christi), or on the Sunday following; and an Indulgence of seven years and seven quarantains on the four Sundays next preceding the said feast; and of sixty days for any work of piety performed with devotion by the Faithful at that time; and further, to those who have been in the habit of

reciting this devotion during their life, a Plenary Indulgence *in articulo mortis*, if, being penitent, they shall invoke the sacred name of Jesus with the heart, if they are not able to utter it with the lips.

And a further Indulgence of three hundred days for repeating three times the Gloria Patri, in the morning, noon, and evening, every day; in thanksgiving to the Holy Trinity for the great privileges bestowed upon Mary, especially for her Assumption: an Indulgence of one hundred days for each time it is so repeated; and a Plenary Indulgence once a month, (on any day at choice,) during which this devotion shall have been repeated three times every day, with Confession and Communion.

All the above Indulgences are applicable to the souls in purgatory, but in order to gain them, it is necessary further to be inscribed in the Confraternity of the Sacred Heart.

#### OTHER DEVOTIONS.

Pius VII further granted to the Members so inscribed to enjoy, upon visiting the Church of

their Confraternity, on the days of the Stations prescribed by the Roman Missal, the benefit of the same Indulgences as are accorded to the Stations at Rome. These are likewise applicable to the Faithful departed.

Further Plenary Indulgences may be gained on the feasts of the Conception, Nativity, Annunciation, Purification, and Assumption of our Lady; on those of St. Joseph, SS. Peter and Paul, of St. John Evangelist, and of All Saints; as also on the day commemorating the Faithful departed, upon Confession and Communion, and visiting the Church of their Confraternity.

On the other festivals of the Blessed Virgin and the holy Apostles, upon visiting the above-named Churches, an Indulgence of seven years and seven quarantains may be gained; also the same upon any of the Members performing a devout Novena before the feast of the Sacred Heart, and upon the festival, visiting a Church or public Oratory where it is kept, and praying for the intention of His Holiness. These are likewise applicable to the dead. Also a Plenary Indulgence, similarly applicable, on any of the

six Sundays or Fridays preceding the festival, upon the same conditions.

In order to facilitate obtaining these Indulgences, it is further permitted by one of the Papal Rescripts cited above, which are equally valid in and out of Rome, that any Member being hindered by sickness, absence, or any other legitimate cause, from visiting a Church or public Oratory as above directed, may still gain the Indulgence, by substituting on the above named days some pious work which may be enjoined by their ordinary Confessor.

Further, the above Indulgence may be gained by any of the Faithful, situated in any part of the world, who may be prevented from forming Confraternities in union with that of Rome, *provided that they fulfil the respective conditions distinctly specified above.*

Leo XII further granted to all Members of the Confraternity devoutly performing a Triduo before the feast of the Sacred Heart, an Indulgence of seven years and seven quarantains (applicable to the souls of the departed), on any day of the same in which they shall visit any Church

or Oratory where the feast is celebrated, with contrition of heart, and praying for the intention of His Holiness.

In order to ensure *a perpetual worship* of the Sacred Heart of Jesus, that is, that it should be daily adored and glorified with special devotion, any one of the Members of the above-named Confraternity, may be inscribed also in that of its perpetual worship, and choose a stated day, or any number of days he may please, in each year, to be dedicated by him in honor of the Sacred Heart of Jesus, in the following manner.

I. By receiving the holy sacraments of Confession and Communion.

II. By visiting some Church or public Oratory and there spending some time in prayer: 1. For the intention of the Supreme Pontiff, and of those of all the ministers of religion. 2. For the conversion of sinners. 3. For all the Members devoted to the same pious exercise, and for the souls in purgatory.

III. By giving one hour to vocal or mental prayer, either all at one time, or at separate intervals (if obliged by any legitimate motive so

to arrange it), and also often during the day by ejaculations, calling upon the Sacred Heart of Jesus.

IV. By renewing to Jesus their Baptismal and any other private vows.

Leo XII attached a Plenary Indulgence to this exercise, applicable to the dead.

All the above Indulgences have been confirmed by Gregory XVI, of pious memory, who further granted to the said Members a Plenary Indulgence on the feast of St. Gregory the Great (12 March), beginning at the first Vespers, on condition that they confess, communicate, and visit a Church or Oratory of the Confraternity, and pray for our Holy Mother, the Catholic Church, &c.

## ACT OF OFFERING.

Pius VII granted a Plenary Indulgence once a month, for the remission of all their sins, to any of the Faithful who shall on any day at choice confess and communicate, having recited every day for a month, in any language, (*provided the sense of the original be duly preserved,*) the following devout Act of Offering to the most Holy Heart of Jesus, before a representation of the same, praying for the Pope's intention. Likewise of 100 days, applicable to the dead, for each recital in one day to any who may make it with contrition of heart, being in the following words:

I, N. N., in gratitude to Thee, and in reparation for my manifold infidelities, give my heart to Thee, and consecrate myself wholly to Thee, my most loving Jesus, and I resolve by Thy help to sin no more.

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Pius VII confirmed the Indulgences already granted of 300 days to any of the Faithful for each recital in one day of the following prayers, (in any language, provided the sense of the original be faithfully preserved,) with three Paters, Aves, and Glorias; and to those who say it every day, a Plenary Indulgence once a month on any day at choice, on which they shall confess with sincere contrition and communicate, praying God for the wants of Holy Church, &c., &c., which Indulgences are likewise applicable to the souls in Purgatory.

### THE PRAYER.

The Word was made Flesh :  
And dwelt among us.

Eternal Word made man for love of us,  
humbly bowing at Thy feet we adore Thee  
with the most profound homage of our soul :  
and to repair our many ingratitudes for so  
great a gift, we unite ourselves in heart

to all those who love Thee, and offer Thee our most humble and loving thanks. Penetrated with the excess of humility, goodness and sweetness which we behold in Thy divine heart, we beseech Thee to give us grace to imitate these virtues so dear to Thee.

*Pater, Ave, Gloria.*

He was crucified also for us,  
Suffered under Pontius Pilate,  
And was buried.

Jesus, our most loving Redeemer, humbly bowing at Thy feet we adore Thee with the most profound homage of our soul: and in proof of our sincere sorrow for our cold indifference for all the outrages and sufferings which Thy most loving Heart made Thee to suffer for our salvation in Thy most sorrowful Passion and Death; we

unite ourselves in heart to all those who love Thee, that we may thank Thee with all our soul. We are filled with wonder at the endless patience and generosity of Thy Divine Heart, and we beseech Thee to fill ours with the spirit of holy mortification which may make us to embrace suffering with great courage, and to find our consolation and our glory in Thy Cross.

*Pater, Ave, Gloria.*

Thou didst give them Bread from Heaven :  
Containing in itself all sweetness.

Jesus, burning with love for us, humbly bowing at Thy feet we adore Thee with the most profound homage of our soul; and that we may make some amends for all the outrages which even now are done, day by day, to Thy Divine Heart in the most Holy Sacrament of the Altar, we unite

ourselves in heart to all those who love Thee, and offer our most grateful thanks. We love in Thy Divine Heart the boundless fire of charity wherewith Thou lovest the Eternal Father, and we beseech Thee to kindle our hearts with an ardent love towards Thee and towards our neighbours.

*Pater, Ave, Gloria.*

Lastly, O most loving Jesus, we beseech Thee by the sweetness of Thy Divine Heart to convert all sinners unto Thee, to console the afflicted, to succour those who are in the agony of death, to give rest to the souls in purgatory. Unite our hearts in the bond of peace and charity; preserve us from an unprepared death, and grant us a holy and tranquil end. Amen.

V. Heart of Jesus, burning with love to us.

R. Kindle our hearts with love to Thee.

## LET US PRAY.

Grant, we beseech Thee, Almighty God, that we who, rejoicing in the most Holy Heart of Thy beloved Son, call to mind the great gifts of His love towards us, may by them be made glad both in truth and fruition, through the same Jesus Christ, our Lord.

O Divine Heart of my Jesus, I adore Thee with all the powers of my soul, I consecrate them for ever to Thy service, together with my every thought, word, and deed, and my whole being. I offer to Thee acts of adoration, love, and praise, like so far as is possible, to those Thou offerest to Thy Eternal Father. Be Thou, I beseech Thee, the repairer of my defects, the protector of my life, my refuge and shelter in the hour of death; and by the sorrows and bitterness in which Thou wast immersed all through the course of Thy mortal life, make

me, I pray Thee, sincerely contrite for all my sins; make me to despise all that is earthly, and to long ardently for eternal bliss, to confide lovingly in Thy merits; and to persevere in Thy grace unto the end.

O Heart of Jesus, who art all love, I offer Thee these humble prayers for myself and for all those who unite in spirit with me to adore Thee. Vouchsafe of Thine infinite goodness to receive them, and above all to grant what we ask for him among us who shall die first. Most sweet Heart of my Saviour, shed upon him in the midst of the agony of death Thy interior consolations, receive him into Thy sacred wounds, cleanse him from every stain in the furnace of Thy love, that he may enter at once into Thy glory and intercede with Thee for all those who are still left in this exile.

Holy Heart of my most loving Jesus, I

purpose to renew these acts of adoration and these prayers for myself a miserable sinner, and for all those associated in adoring Thee, in every moment of my life, even unto my last breath. I commend to Thy tender care, O Lord Jesus, the Holy Church Thy well beloved Spouse, our true Mother, the souls who do justice, all poor sinners, the afflicted, the agonising, and all mankind. Suffer not that Thy Blood poured out for them should be shed in vain. Vouehsafe to apply it to the relief of the Souls in purgatory, and particularly for those who in this life practised this devotion of adoring Thee.

Most loving Heart of Mary, among the hearts of all creatures most pure and most enkindled with love for the Heart of Jesus; most filled with mercy towards us sinners, obtain for us the graces we ask, from the

Heart of Jesus our Redeemer. Mother of Mercy, one glance, one desire of thy burning heart will draw down upon us from that of thy Divine Son, abundant consolations. The Divine Heart of Jesus which so loves and has always so loved thee, will not fail to hear and grant thy request. Amen.

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## THE LITTLE ROSARY OF THE SACRED HEART.

In order further to encourage this devotion, Pius VII granted an Indulgence of 300 days to any of the Faithful each time they recite the following Chaplet of Prayers, and a Plenary Indulgence once a month to all those who have repeated it every day throughout the month, on the above-named conditions applicable for the dead.

**O God, come to my assistance, &c.**

O most loving Jesus, when I look upon Thy Sacred Heart and see it to be all pity and tenderness for us sinners, my heart fills with joy and with confidence that Thou wilt graciously receive me; How many sins have I committed! But now, with Peter and with Magdalen, in sorrow I bewail and detest my sins, because they grieve Thee, my only Good. Grant me a full remission of them all; O may I die, I beseech Thee, by Thy Sacred Heart, rather than offend Thee again, and may I live only to give Thee love for love.

*Say one Pater and five Glorias, in honor of the Divine Heart; and*

Sweet Heart of Jesus, make me to love Thee ever more and more.

(The same at the end of each petition).

II. My Jesus, blessed be the humility of Thy Divine Heart. I thank Thee for that in giving it to me as an example, Thou hast not only excited me to imitate Thee by strong persuasions, but also by Thy great humiliations hast pointed out and smoothed my path. Senseless and ungrateful that I have been! How have I wandered out of the way! But do Thou forgive me. Henceforth I renounce all vainglory and ambition, and will follow Thee in the midst of humiliations with a humble heart, that I may attain to peace and salvation. Strengthen me, and I will glorify Thy Heart for ever and ever.

*Say one Pater, and five Glorias.*

*“Sweet Heart of Jesus,” &c.*

III. My Jesus, I adore the patience of Thy Divine Heart, and I give Thee thanks

for thy wondrous example of unconquered endurance. I am ashamed that it has so long in vain reproached my delicate sensitiveness, impatient of every little pain. Dear Jesus, shed abroad in my heart a fervent and constant love of tribulations and crosses, of mortifications and penance, that following Thee to Calvary, I may attain with Thee to the glory and joy of Paradise.

*One Pater, Five Glorias.  
"Sweet Heart of my Jesus," &c.*

IV. Dear Jesus, in contemplation of the meekness of Thy Heart, I tremble at the sight of my own, so different from Thine: a shadow, a gesture, a word of unkindness, are more than enough to make me restless and complaining. Forgive my outbreaks of impatience; and grant me grace, in all

contradictions, to imitate in time to come,  
Thy unchangeable meekness, and so to  
enjoy a perpetual and holy peace.

*One Pater, five Glorias,  
"Sweet Heart of Jesus," &c.*

V. All praises be, O Jesus, to the Generosity of Thy Sacred Heart, conqueror of death and hell, for Thou art worthy of all. I am more than ever confounded at the cowardice of my own, which is affrighted at every evil word and reproach of the enemy. But it shall be so no longer. Give me such courage and strength, that fighting and conquering on earth, I may share Thy joy and Thy triumph in Heaven.

*One Pater, five Glorias,  
"Sweet Heart of Jesus," &c.*

Let us also turn to Mary, and consecrate ourselves to Her, and with great confidence in Her maternal Heart say :—

Obtain for me by the prevailing power of Thy most sweet Heart, Mary, Mother of God, and my Mother, the grace of a true and constant devotion to the Sacred Heart of Jesus thy Son, that being with all my thoughts and affections enclosed in It, I may fulfil all my duties, and with a prompt and fervent heart I may serve Him evermore, and especially this day.

V. Heart of Jesus burning with love of me,

R. Kindle my heart with love of Thee.

LET US PRAY.

Grant, O Lord, we beseech Thee, that Thy Holy Spirit may inflame us with that sacred fire which our Lord Jesus Christ cast from His inmost Heart, and desired to kindle mightily upon earth: Who with Thee in the Unity of the same Holy Spirit liveth and reigneth God for ever.

## A NOVENA,

Composed by Father Borgo, &amp;c.

Pius VII granted an Indulgence of 300 days for every day of this Novena performed by any of the faithful, preceding the Feast of the Sacred Heart: and a Plenary Indulgence, which may be gained either on the Festival itself, or on any day of the Octave on which (having performed it every day), they shall confess and communicate, &c., as above specified, applicable also to the departed. Or this Novena may be performed with the benefit of the same indulgence at any other season of the year. And to any of the Faithful who do not possess the "Exercise of Perfection" of F. Alfonso Rodriguez—which has been ordered to constitute the spiritual reading during the said Novena, the same Pope permits the use of any other devotional book at their choice.

The said Novena composed by Father Borgo, of the Society of Jesus, is divided into many pious and useful meditations, the idea being

taken from a brief practice of devotion drawn up by the Venerable Sister M. M. Alacoque, entitled "The Life of Jesus Christ in the Most Holy Sacrament, and a method of serving Him during the Octave of His Festival."

### A PRAYER TO THE SACRED HEART OF JESUS.

Pius VI granted 100 days' indulgence for each recital of the following prayer, once in a day by any of the Faithful, devoutly addressed to the most loving Heart of Jesus:—

Behold to what Thy surpassing love has brought Thee, O my most loving Jesus ! Thou hast prepared a heavenly feast for me where I may partake of Thy most precious Flesh and Blood, so as to give Thyself wholly to me. What was it impelled Thee to such an excess of charity ? Truly Thy most loving Heart alone prompted it. O

adorable Heart of my Jesus, burning furnace of divine Love, receive my soul into that sacred Wound of Thine, that in this school of charity I may learn to render love for love to God, who bestows such wonderful proofs of His love to me. Amen.

### ACTS OF ADORATION AND REPARATION

TO JESUS IN THE BLESSED SACRAMENT.

Pius VII granted 300 days' Indulgence (applicable to the souls in purgatory) to all the Faithful who may devoutly make the following acts, saying also five Paters, Aves, and Glorias.

I. I adore Thee profoundly, O my Jesus, in the most holy Sacrament, I confess Thee to be Very God and Very Man, and with this act of Adoration I desire to compensate for the coldness of so many of Thy

people, who, like the Israelites in the wilderness, loathing the heavenly manna, pass with so little reverence before Thy temples, and even before The holy Tabernacle, where Thou dost vouchsafe to abide day and night, impatiently longing, in Thy love, to bestow Thyself upon them: and in reparation for such sinful lukewarmness, I offer Thee the most precious blood which Thou didst shed from the wound in Thy left foot, within which wound I will without ceasing say: All thanks and praise be rendered always to the most holy and Divine Sacrament.

*Pater, Ave, Gloria.*

II. I adore Thee profoundly, O my Jesus, I confess Thee to be present in the most holy Sacrament, and with this act of Adoration I desire to compensate for the

ingratitude of so many of Thy people, who leave Thee without attendance, and almost without an act of external adoration, as Thou goest to the dwellings of the sick to be their support through their last passage to eternity: and in reparation for such coldness of heart, I offer Thee the most precious blood which Thou didst shed from the wound in Thy right foot, within which I will without ceasing say: All thanks and praise, &c.

*Pater, Ave, Gloria.*

III. I adore Thee profoundly, O my Jesus, True Bread of Eternal Life, and with this act of Adoration I desire to compensate for the many wounds Thou sufferest in Thy Sacred Heart day by day, through the profanation of Thy Churches, where Thou dost deign to abide under the

sacramental species, to receive the love and homage of Thy people: and in reparation for so great irreverence, I offer Thee the most precious blood which Thou didst shed from the wound in Thy left hand, within which I will without ceasing say: All thanks and praises, &c.

*Pater, Ave, Gloria.*

IV. I adore Thee profoundly, O my Lord Jesus, Living Bread, Who camest down from heaven, and with this act of Adoration I desire to compensate for the many irreverences day by day committed by Thy people in assisting at the Holy Mass, in which by an excess of love is renewed, though after an unbloody manner, the same sacrifice which Thou didst complete on Calvary for our salvation: and in reparation for so great ingratitude, I offer Thee

the most precious blood which Thou didst shed from the wound in Thy right hand, within which I unite my voice with the voices of the Angels who surround Thy throne, saying with them: All thanks and praise, &c.

*Pater, Ave, Gloria.*

V. I adore Thee profoundly, O my Lord Jesus, true victim of expiation for our sins, and I offer to Thee this act of Adoration to compensate for the sacrilegious outrages done Thee by so many ungrateful Christians, who dare to approach and receive Thee in communion, with mortal sin upon their souls. In reparation for a sacrilege so hateful, I offer Thee the last drops of Thy most precious blood which Thou didst shed from the wound in Thy side, within which I adore, praise and love Thee, and

say with all those who are united in devotion to the most Holy Sacrament: All praise and thanks, &c.

*Pater, Ave, Gloria.*

Tantum ergo Sacramentum, with  
 V. Panem de Cœlo, &c. and the prayer,  
 Deus qui nobis, &c.

**FINIS.**

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